



Dear Parents / Carers

#HelloYellow 2022!

The mental health and emotional wellbeing of our children is very important; for this reason, we will be marking World Mental Health day by taking part in the 'Hello Yellow' campaign for the mental health charity, Young Minds.

On Monday 10th October 2022, pupils, who chose to, are asked to wear yellow items e.g. a T-shirt, jumper or hair band. The aim of the campaign is to show young people that they are not alone with their mental health and to raise vital funds for Young Minds.

Please note that pupils must wear their normal school uniform, apart from anything that may have been replaced by yellow items.

I would like to take this opportunity to signpost you to the Young Minds website:

<https://youngminds.org.uk/>

The website contains many fantastic resources that parents can use to support their child's mental health. They also offer a helpline to parents and carers worried about their child or young person under 25. This number can be called free on 0808 802 5544 from Mon-Fri, 9:30am - 4pm.

If you wish to make a voluntary donation (e.g. 50p - £1), to support the excellent work that Young Minds undertake, please visit ParentPay to make your donation.

Yours faithfully



Mr R Barr
Associate Vice Principal